







## **Breakfast Bag**

- Small box of cereal
- Shelf-stable milk box or juice box
- Nutrigrain Bar

### **Lunch Bag**

- Tuna or chicken salad kit
- Juice box or pouch
- Fruit roll up or fruit snack

#### **Dinner Bag**

- Microwaveable ring-top pasta meal cup or microwavable mac & cheese cup
- Shelf-stable milk box or juice box/pouch
- Applesauce squeeze pouch or applesauce cup
- Fruit snack or fruit roll up

#### **Guidelines**

- All food items must have nutrition facts and ingredients on labels.
- Must fit into a quart-sized Ziploc bag
- Items must be newly purchased (items past "best by date" will not be accepted).
- Low sodium preferred, fruit in juice or light syrup, please. No glass.
- · Peanut-free only.

#### **Hours Earned**

Hours will be divided amongst each student that participates. If two students pack 30 bags, each student will receive 2 hours.

15 BAGS = 2 HOURS

21-30 BAGS = 4 HOURS

31-40 BAGS = 5 HOURS

41-50 BAGS = 7 HOURS

51-55 BAGS = 8 HOURS

56-60 BAGS = 9 HOURS

61-74 BAGS = 10 HOURS 75+ BAGS = TBD BY VOLUNTEER

SERVICES DEPARTMENT

#### Instructions

These are specially designed bags for students who need service hours. Please be sure to email us about the project, including your name and the name of your school/religious institution, and let us know if you need a letter of completion when you drop off your completed bags.

Drop off completed bags in the collection bins outside of our distribution center, 200 Clearbrook Road, Elmsford, NY, every Monday through Friday between 8:30 a.m. and 3 p.m.

Reach out to our Volunteer Services team with any questions or for more information: volunteer@feedingwestchester.org.





# STUDENT HELP FROM HOME

# **Bag/Hour Breakdown**

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SERVICES DEPARTMENT

Are you in need of a signed letter for a program like school, confirmation, or honor society?

Please reach out to our volunteer services department: volunteer@feedingwestchester.org or 914.909.9612