

HELP FROM HOME

FILL BAGS WITH HOPE

These Help From Home bags are perfect to put together remotely at home, with your co-workers or with your local community group.



Breakfast Bag

- Small box of cereal
- Shelf-stable milk box or juice box
- Nutri-grain bar

Lunch Bag

- Tuna or chicken salad kit
- Juice box or pouch
- Fruit roll up or fruit snack

Dinner Bag

- Microwaveable ring-top pasta meal cup or microwavable mac and cheese cup
- Shelf-stable milk box or juice box/pouch
- Applesauce squeeze pouch or applesauce cup
- Fruit snack or fruit roll up

Guidelines

- All food items must have nutrition facts and ingredients on labels
- Must fit into a gallon-sized Ziploc bag
- Items must be newly purchased (items past "best by date" will not be accepted)
- Low sodium preferred, fruit in juice or light syrup, please. No glass
- Peanut-free only

Drop off food items in the collection bins outside of our distribution center between 8:30 a.m. and 3 p.m. Reach out to Director of Volunteer Services, Jandery DeLaCruz, jdelacruz@feedingwestchester.org for more information.