

2023 NEWSLETTER

YOU'RE NOURISHING STUDENTS FOR SUCCESS!

An international student at Pace University, Divisha faces unique challenges as she navigates life in a new country while juggling the demands of her studies. But she now has one less challenge to think about: her next meal. Thanks to Pace Market, Pace University's new food pantry, she finds healthy foods like leafy greens and fresh fruit—which not only fuel her body but also her mind.

"Not only does it provide me with the sustenance I need, but it also has a positive impact on my mental well-being," she says.

Students like Divisha are grateful for the pantry, which opened on campus last winter in partnership with Feeding Westchester. The powerful collaboration is helping college students both survive and succeed as the hope and future of our community.

As a vegetarian with specific dietary preferences, Divisha can select foods that align with her lifestyle during her monthly visits. She can also ask questions about the ingredients and nutrition for the available items. Finding food on campus is immensely helpful for her—plus her savings of \$100 to \$150 per month helps her afford other college necessities like textbooks, pens, and notepads.

Beyond the food and savings, the pantry's impact on Divisha's overall mental health is profound. The provision she receives nourishes her physically and mentally, bringing her "a sense of relief and comfort," she says. And Divisha is not alone. Pace Market offers hope and restores dignity to everyone it serves who is in need.



for hardworking college students like Divisha.



Divisha

Look inside for these stories!

Creating Lasting Change
Pack the Pantry for Everyone
See Your Impact

A MESSAGE FROM THE CEO

Fall is here—and with it a new school year. As children head back to the classroom across Westchester County, it's critical that they are energized and ready to learn. When nutrition isn't available, school can be a challenge for kids and their families. We're grateful that they can count on your generosity for access to healthy food!

I'm also happy to share that Feeding Westchester is now utilizing our new expanded distribution center. The recent expansion has doubled our storage and distribution capacity—allowing us to more effectively nourish our neighbors in need. We thank you for helping us stock the shelves.

I am also delighted to welcome our first chief operating officer, Tami Wilson, to the Feeding Westchester family. With over 16 years of experience in managing non-profit operations including food banking, Tami brings a wealth of knowledge and a passion for hunger relief.

You, our amazing supporters, are the reason we can celebrate such important achievements. Our life-changing impact is a cause for celebration!

With gratitude,

Karen

Karen C. Erren President & CEO



HOW PACE MARKET IS CREATING LASTING CHANGE

By Chloe Pagnozzi

This past winter, Pace University created a permanent food pantry on campus for those who need it. Xianwen "Wen" Xi, the assistant director of residential life at Pace University, teamed up with Feeding Westchester's Christopher McGregor to launch the program.

The new Pace University food pantry, Pace Market, offers free food to students, faculty, and staff while showcasing partnership and inclusivity. There is no judgement at the pantry. It is a welcoming space and has given hope to those who need it. The pantry isn't just about feeding people; it's about providing them with healthy food and hope for the future.

"The collaboration with Feeding Westchester has not only provided immediate support to individuals facing food insecurity but has also sparked meaningful conversations and raised awareness...," Wen says.

Students spread the word about the market, which influenced more conversations about food insecurity. Quickly, more and more students wanted to help Wen fight hunger on campus. Pace continues to raise awareness of food insecurity through its partnership with Feeding Westchester. Read more online at FeedingWestchester.org/pacemarket.

Because of you, we forge partnerships to create lasting solutions in our community.

TOGETHER WE ARE

FEEDING ——— WESTCHESTER

PACK THE PANTRY FOR EVERYONE.

Teenager Jared Saiontz knows a thing or two about food allergies—he was born with 26 of them. He knows that having access to safe foods is one of the best ways to manage his allergies, and he wants to ensure that everyone in our community can access healthy food.

That's why he founded Pack the Pantry for Everyone: to tackle hunger for families in need facing food allergies. Jared has developed a foodallergy protocol for pantries and donates allergy-safe food through his organization.

Jared has been working primarily with Feeding Westchester's partner, Mount Kisco Interfaith Food Pantry, and secondarily with other Feeding America food banks across the country who are now sharing his allergy protocols with hundreds of agencies. He and his peers also organized a basketball tournament and raised \$10,000 for Pack the Pantry for Everyone to purchase allergy-safe food for families in need.



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"I want to make sure that anyone who has food allergies and relies on food pantries is able to eat safe food," he says.

Thank you for giving teenagers like Jared a chance to serve the community.

Unreserved in their passion and optimism, children are natural agents for change.

A MEANINGFUL ACT OF SERVICE

A long-time Feeding Westchester volunteer, Cynthia Moro, has touched the lives of countless individuals through her dedicated service. We asked her to share about her experience and what moves her to help others:





"I've been volunteering at Feeding Westchester for over 14 years after retiring and searching for a meaningful place to contribute my time. Specifically, I was drawn to addressing issues of hunger and food insecurity. I started volunteering here back in Millwood and then we moved to a nice place right here in Elmsford and made many friends while helping the community. It's a nice feeling," she reflects.

JOIN US

Together We Can Nourish Tomorrow

You can help ensure that your neighbors—children, seniors, and adults from all walks of life—are receiving the food and support they need. Including Feeding Westchester in your estate plans provides invaluable help and hope to your community and the fight against hunger.

Learn more about our planned giving society, Nourish Tomorrow, at FeedingWestchester.org/plannedgiving.

FEEDÏNG WESTCHESTER

Feeding Westchester serves Westchester County, providing food to a hunger-relief network of more than 300 partners and programs. With a mission to nourish their neighbors in the fight against hunger, the organization sources and distributes good, nutritious food and other resources to wherever it is needed most.

In fiscal year 2023, Feeding Westchester provided more than 21 million pounds of food. That's nearly 17 million meals through soup kitchens, food pantries, schools, shelters, residential programs, and mobile distributions. That served more than 220,000 neighbor visits—including visits from children, seniors, veterans, and hardworking families—every month. The nonprofit, a 4-star Charity Navigator organization, is committed to creating a community where all people have access to the food they need today, and the fundamental resources to build a better tomorrow.

Feeding Westchester is located at: 200 Clearbrook Road, Elmsford, NY 10523 914.923.1100

FeedingWestchester.org

Donate online at:

FeedingWestchester.org/give

For other ways to get involved: FeedingWestchester.org/getinvolved

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SEE YOUR IMPACT



Neighbor visits monthly average

221,125

Child visits through pantries, deliveries. and school programs monthly average

80,731





Pounds of food distributed

12 MILLION

Fresh produce

MILLION

distributed



Number of meals distributed

MILLION

"Today I am hopeful knowing that Feeding Westchester an already vital resource—has doubled its distribution capacity and will provide even more community members nutritious food that will help them thrive. I commend Feeding Westchester's tireless efforts."

> - Westchester County Executive, George Latimer, at Feeding Westchester's Distribution Center Grand Re-opening Celebration

