

KEEPING WESTCHESTER HEALTHY. NOT JUST FED.

Nutrition and hunger relief go hand in hand. That's why Feeding Westchester is grateful to have agency partners, like Mount Vernon Neighborhood Health Center (MVNHC), who are a key part of keeping Westchester healthy—and not just fed. “Eat well. You can have energy, you can have health, and you can be healthy,” says Marianela, a visitor of MVNHC’s community nutrition program.

Because hunger and the lack of a balanced diet can have devastating effects on a person’s physical, mental, and emotional health, community meal and nutrition programs like MVNHC’s—which provide healthy food, recipes, and nutritional counseling—are critical.

Thanks to your partnership, Feeding Westchester can provide nutritious food to our neighbors facing hunger like Marianela. Lurlene, another MVNHC visitor, also benefits from consistent access to fresh produce and other healthy foods. Feeding Westchester “provide[s] us with the food that we need to stay healthy,” she says. “Their efforts have a great impact on my life.”

Elida, another program visitor, is navigating tough times with her family as her husband tries to secure employment. Having regular access to nutritious foods offers more than just nourishment. “With the support of Feeding Westchester, we have more hope,” she smiles.



Marianela

Because of you, Elida and her family have more hope.
BECAUSE OF YOU, LIVES ARE TRANSFORMED EVERY DAY.

**Look inside for
these stories!**

Nourish More. Waste Less.
Small Acts. Big Impact.
See Your Impact.

A MESSAGE FROM **THE CEO**

We just closed out the last quarter of fiscal year 2023, and once again, you made an incredible impact on this amazing Westchester community. We're so proud to have you by our side.

Thanks to you, our generous supporters, we distributed nearly 11 percent more food since January than we originally estimated — providing meals to more children, senior, and family visits across the county. As we tally up the year's final numbers, we'll likely see similar annual findings.

This increase isn't surprising. We've been serving more than 20,000 additional neighbor visits every month than we were last fiscal year. Kids out of school for the summer are going hungry without free and reduced school

lunches, and SNAP cuts have left tens of thousands of neighbors without enough money to get by.

And with the loss of other relied-upon benefits, like Medicaid's continuous coverage and WIC, there doesn't seem to be a light at the end of the tunnel.

But we have you, our supporters. You are the light for our community.

Thank you!

Gratefully,

Karen C. Erren
President & CEO



NOURISH MORE. WASTE LESS.

“Reducing food waste and fighting hunger are causes that mean a lot to me and everyone I work with,” says

Claudia Pavone, Store Manager of ShopRite in Bedford Hills. ShopRite is a crucial partner in Feeding Westchester's Retail Recovery Program. Part of our Nourishing the Planet initiative, the program recovers nutritious food from local retailers to provide food to people in need.

ShopRite has supported Feeding Westchester's efforts for over 15 years. **“We share their passion for distributing nutritious food and other resources to our communities,”** Claudia says. Thanks to dedicated partners like ShopRite and generous support from the Wells Fargo Foundation and Consolidated Edison, more food is being rescued each month than ever before.

Over 80% of our Mobile Food Pantry Program is supported by Retail Recovery. And, in fiscal year 2023, we collected more than 3 million pounds of produce, meat, and dairy products, breaking last year's record of 2.4 million pounds.

**You have saved food from going to waste—
and nourished lives across Westchester.**

TOGETHER WE ARE FEEDING WESTCHESTER

SMALL ACTS. BIG IMPACT.

Growing up in New Rochelle as a first-generation immigrant, Daniel Bonnet has experienced the difficulties of living in Westchester County. He knows how hardworking families in our community struggle to make ends meet as they try to put food on the table. And as Chief Program Officer at Carver Center, Daniel knows the power of partnerships.

Feeding Westchester's mission to relieve hunger complements Carver Center's commitment to ensure food accessibility for all. By partnering to provide food pantry services, our neighbors facing hunger can allocate their critical resources to other important needs.

"Working together, we can make a bigger impact in the fight against hunger and poverty," Daniel says. And we can see a ripple effect. "Helping people overcome obstacles, no matter how small, can change the world one person at a time."

Thanks to our partnerships with Carver Center and supporters like you, we have a greater impact in the fight against hunger *together*.

A LIFE MISSION FOR GOOD

Husband and wife, Bob and Leah, are dedicated volunteers at Feeding Westchester. We asked them to share what moves them to spend time serving others:



“

"[Feeding Westchester's] mission is compatible with our mission in life. I think we have always tried to do something for people to give back to the community as much as possible," Bob says.

"I was in corporate doing finance, and when my daughter was born, I decided to become a full-time mom and a full-time volunteer. It is always something that I've done in my life — this is just an extension of what I like to do," Leah says.



JOIN US

Nourish Hope, Nourish Tomorrow

You can help ensure that your neighbors — children, seniors, and adults from all walks of life — are receiving the food and support they need. Including Feeding Westchester in your estate plans provides invaluable help and hope to your community and the fight against hunger.

Learn more about our planned giving society, Nourish Tomorrow, at FeedingWestchester.org/plannedgiving.



FEEDING WESTCHESTER

Feeding Westchester serves Westchester County, providing food to a hunger-relief network of more than 300 partners and programs. With a mission to nourish their neighbors in the fight against hunger, the organization sources and distributes good, nutritious food and other resources to wherever it is needed most.

In fiscal year 2023, Feeding Westchester provided more than 20 million pounds of food. That's nearly 17 million meals through soup kitchens, food pantries, schools, shelters, residential programs, and mobile distributions. That served more than 220,000 neighbor visits — including visits from children, seniors, veterans, and hardworking families — every month. The nonprofit, a 4-star Charity Navigator organization, is committed to creating a community where all people have access to the food they need today, and the fundamental resources to build a better tomorrow.

Feeding Westchester is located at:
200 Clearbrook Road,
Elmsford, NY 10523
914.923.1100
FeedingWestchester.org

Donate online at:
FeedingWestchester.org/give

For other ways to get involved:
FeedingWestchester.org/get-involved

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JANUARY - MAY

SEE YOUR IMPACT



Neighbor visits

1.1 MILLION



Fresh produce distributed

3.4 MILLION

Child visits through pantries, deliveries, and school programs

407,098



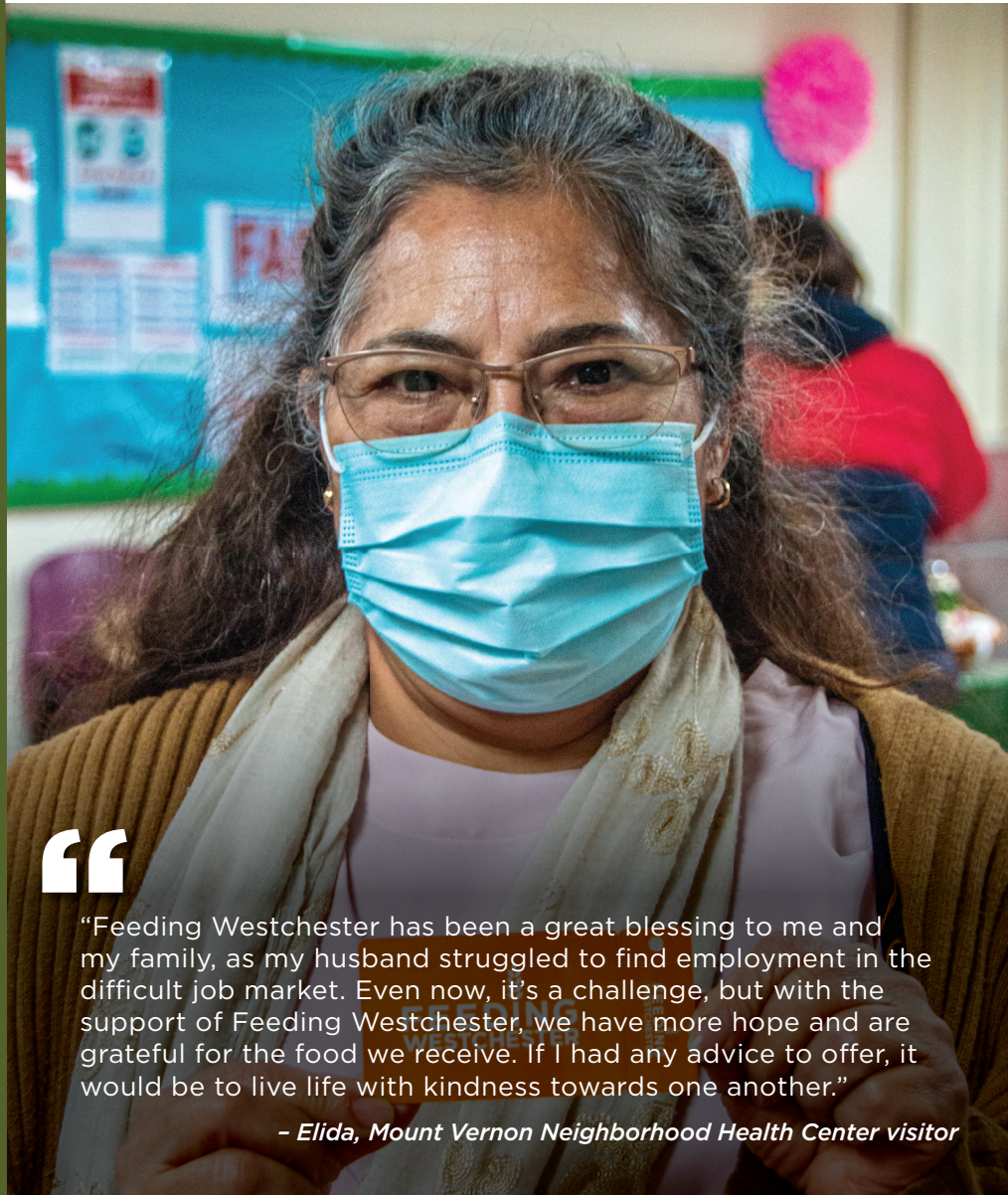
Pounds of food distributed

8.8 MILLION



Number of meals distributed

7.3 MILLION



“Feeding Westchester has been a great blessing to me and my family, as my husband struggled to find employment in the difficult job market. Even now, it’s a challenge, but with the support of Feeding Westchester, we have more hope and are grateful for the food we receive. If I had any advice to offer, it would be to live life with kindness towards one another.”

- Elida, Mount Vernon Neighborhood Health Center visitor