

2023 NEWSLETTER

A COMMUNITY "BLESSING"

Illena is filled with hope—not only for her family but for her community. She is grateful to see all of the healthy food options available at the YWCA food pantry, one of Feeding Westchester's community partners, on her first visit. The opportunity for community is an added benefit: "It's a blessing that you can have somewhere that you can go, meet other people, and come together."

As a retired Yonkers resident, Illena isn't always able to provide meals for her household of four on her fixed income. Thanks to supporters like you, she can access food pantries like the YWCA, keeping her expenses down while receiving healthy food like chicken, milk, vegetables, and fruit.

Illena doesn't just keep her family well nourished; she is always looking out for others in need. Food pantries help keep her neighbors and community fed. She often picks up food for seniors and people who live alone or have trouble getting out. **Food pantries are "a blessing,"** she says. They are a way of giving back to the community.



And she doesn't take food pantry access for granted: "It's helpful, something you can look forward to, the seniors can look forward to. I appreciate what [Feeding Westchester is] doing. It's good."

YOU HELP GIVE OUR NEIGHBORS SOMETHING TO LOOK FORWARD TO.

Your generosity makes access to fresh, healthy food possible for Illena and thousands of others across Westchester County.

Look inside for these stories!

Port Chester School District Pop-Up Produce Market Swimming for a Mission See Your Impact

A MESSAGE FROM THE CEO

As we start a new year, I can't help but reflect on how you—our generous supporters—continue to be a lifeline for families in need in Westchester County. Because of you, our community made it through the holiday season with food on their tables. You helped put turkeys, chickens, sweet potatoes, and corn on our neighbors' tables. Because of you, our neighbors facing hunger celebrated the season with hope.

But winter is not over. Food prices remain high, and utility costs have increased as the temperature continues to drop. Hardworking families already struggling to make ends meet still need our help in the months ahead.

We are so grateful that we can count on you, our allies in feeding our community. You always stand by our side, like on Giving Tuesday and at year-end for an incredibly generous holiday season. Together we will continue our work this winter, nourishing our neighbors in the fight against hunger.

So, thank you. Your compassion reminds us at Feeding Westchester, and our neighbors, that kindness is at the forefront in our community.

Gratefully,

Karen

Karen C. Erren President & CEO

PORT CHESTER SCHOOL DISTRICT POP-UP PRODUCE MARKET

The Pick Your Own Produce Pop-Up Market, hosted by Feeding Westchester's new partners at Port Chester School District, was an innovative spin on a traditional food pantry.

Decorated as a fall festival, the event married a farmers' market concept with the school's Giving Garden, an organic garden that is run and maintained by Port Chester Middle School teacher Allison Silverman and her students.

With more and more of our neighbors facing hunger for the first time in today's challenging economy, Pick Your Own Produce was an opportunity for students and their families in need to receive food with dignity. It was the "perfect scenario for parents to come and experience not only the Pop-Up Market—but also have the experience of going into the garden and selecting their own produce," said Superintendent Dr. Aurelia Lucia Henriquez.

Supplemented with produce provided by Feeding Westchester, the Pop-Up Market provided 10,000 pounds of nutritious food—in just a few hours!

Thanks to Port Chester School District and supporters like you, families facing hunger are receiving garden-fresh fruits and vegetables.



TOGETHER WE ARE

FEEDING ——— WESTCHESTER

SWIMMING FOR A MISSION

After a 10-year hiatus, nearly 100 swimmers and volunteers gathered in September on the banks of the Hudson River last fall to raise funds for those facing hunger in Westchester County. The 2022 Lighthouse Swim, revived after a decade of delays caused by bridge construction and the pandemic, began at Nyack Marina pier and finished at the southern tip of Sleepy Hollow's Kingsland Point Park.

The winner, Sleepy Hollow's Adrianna Pentz, completed the course in one hour and 10 minutes. She and dozens of other swimmers were cheered on by a crowd of friends and family as well as members of the Sleepy Hollow police force and firefighters—as volunteer kayakers kept watch, seeing the swimmers safely to shore. The event raised \$25,000 to provide food for those at risk of hunger in our county.

Your support creates a community where fundraisers can collect much-needed dollars to feed our neighbors.

DESPITE A CHALLENGING ECONOMY, **TOGETHER WE BRING HOPE**

While our neighbors are seeing food prices higher than ever, Feeding Westchester is providing nourishing food that saves lives, thanks to your support.



"This economy is crushing people, as you all know. However, the vibe I'm getting from people is one of gratitude and appreciation for the daily work of Feeding Westchester. People are truly thankful for your assistance. I just want to pass this along. The work you all do every day is indispensable. The seniors and orphans sleep well at night because of the work you all do. Thank you!"

- Jeff Meyer, Ridgeway Alliance Church Food Pantry



JOIN US

Your Lasting Support Means Their Lasting Nourishment

monthly giving program to ensure we always have the resources needed to nourish our neighbors in the fight against hunger. When you make a monthly donation to Feeding Westchester, you immediately become a Nourishing Neighbor. It's simple to sign up and easy to update or change billing information at any time via our secure donor portal.

Consider making a monthly donation today—it's what sustains Feeding Westchester's most-needed programs and our neighbors.

Join at FeedingWestchester. org/monthly



UPCOMING EVENTS

An Evening in **Good Taste** April 20

An Evening in Good Taste is Westchester's premier tasting event not to be missed! Join top local chefs and wine purveyors fine wine, craft beers, and specialty cocktails, with all proceeds benefiting Feeding Westchester. It's the perfect opportunity to meet and mingle with friends and supporters of Feeding Westchester—all while making an impact and helping provide nutritious food for children, seniors, and families who are hungry.

To learn more, visit FeedingWestchester.org/aeigt.

FEEDING WESTCHESTER

Feeding Westchester's mission is to nourish our neighbors in the fight against hunger. We envision a community where all people have access to the food they need today, and the fundamental resources to build a better tomorrow.

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Donate online at:

FeedingWestchester.org/give

For other ways to get involved: FeedingWestchester.org/get-involved

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JULY, AUGUST, SEPTEMBER **SEE YOUR IMPACT**

Neighbors helped per month *Monthly average

212,630





Children receiving food through deliveries and school programs

229,245



Fresh produce distributed



Number of meals distributed

4.5 MILLION



Pounds of food distributed

5.4 MILLION





