

YOUR SUPPORT BRIDGES THE GAP

“They have the appetite of a football team!” Elizabeth exclaimed, describing her two teenage sons. A Bronx native and Westchester resident for 25 years, Elizabeth is the sole provider for her family. Feeding Westchester’s food pantries are critical to keep her family well nourished.

Each month, Elizabeth receives Supplemental Nutrition Assistance Program (SNAP) and disability benefits, but that assistance only covers her family’s needs for half of the month. Thanks to generous supporters like you, she’s able to bridge that gap with healthy food from Feeding Westchester’s Mobile Food Pantries as well as our partner food pantries.

Elizabeth uses a mobile app to locate food pantries where she picks up food three times a week. She says the pantries make all the difference in whether she’s able to make dinner for her family. **“It’s been amazing,”** she said. **“It’s good, healthy food and we don’t have to go hungry and wait until the next month.”**



You give Elizabeth the ingredients she needs to make healthy meals for her sons. **To help other neighbors like her access the nutritious food they need to thrive, visit FeedingWestchester.org/give.**

**Look inside for
these stories!**

Greenburgh Police Summer Youth Program Partnership
Learning the ABCs of Good Nutrition
See Your Impact

A MESSAGE FROM **THE CEO**

It's hard to believe that the new school year has begun! Now that students are heading back to the classroom, they need your help to ensure that no one is left hungry. Nourishing food is key to helping them learn and grow—and, thanks to your generosity, we are feeding 200,000 individuals each month, including 71,000 children.

Your giving also helps us continue to work alongside United Way and DoorDash with our Feeding United Home Delivery program. Feeding Westchester distributes healthy food to county hubs, volunteers assemble them into boxes, then DoorDash delivers those boxes to households in need. What a lifeline it's been for many families! The growing program supplemented food distribution during the pandemic when school food pantries weren't accessible—while also eliminating transportation challenges for many people we serve.

This collaboration, along with other partnerships with organizations like Arc of Westchester and Ability Beyond help us distribute food to communities all across Westchester County.

I'm so encouraged by the great strides we're making together to provide for those in need in Westchester.

Thank you for your commitment to end hunger in our community!

Gratefully,



Karen C. Erren
President & CEO

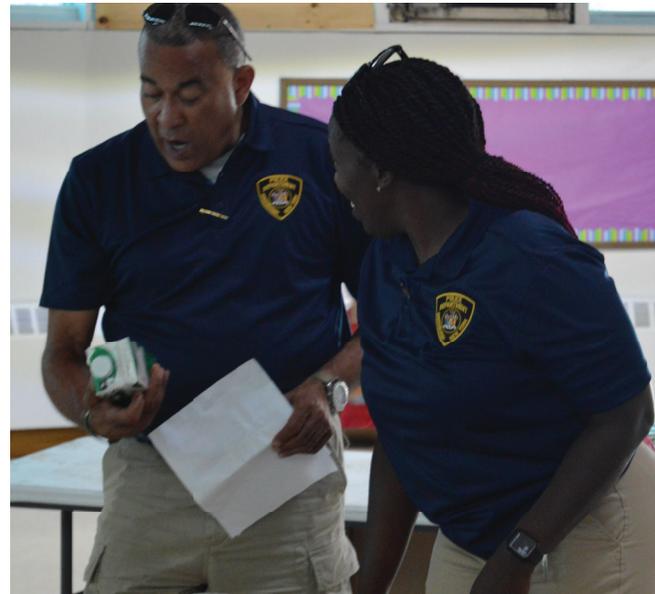
GREENBURGH POLICE SUMMER YOUTH PROGRAM PARTNERSHIP

For the second year in a row, Feeding Westchester teamed up with the Greenburgh Police Summer Youth Program to benefit our child-feeding programs. Over the course of four weeks, 30 campers packed 480 bags of healthy food for children in Westchester County who are fighting hunger.

“Learning to help others through community service is critical,” said Officer David Zenon, who leads the program. “Serving others is important because, as I tell the kids every day, the more they get to serve others, the more they get to learn about themselves.”

The idea of helping others, especially other youth in need of nutritious food, resonates with the students. One camper described his family's past struggle to put food on the table—and how others reached out during their time of need. “It feels good to give back,” he said. **“Now I can help people to pay them back for what they did for me.”**

Thanks to Officer Zenon and supporters like you, children in need are receiving healthy food—and others are learning life lessons along the way.



TOGETHER WE ARE FEEDING WESTCHESTER

LEARNING THE ABCs OF GOOD NUTRITION

Families from Mount Vernon City School District learned the ABCs of good nutrition thanks to Feeding Westchester's first "Kids in the Kitchen" event. Our Nutrition team, along with six student volunteers, taught parents and their Pre-K children valuable healthy eating habits through creative, hands-on activities. Participants included both individuals and families, who learned how to create four well-balanced recipes focused on whole grains, fruits, and veggies. But the fun didn't end there! Families and volunteers were given an entire bag of fresh produce to recreate one of the recipes at home. Children also received their very own MyPlate—the USDA's guideline for meal planning and portion sizes. Thank you for helping us provide valuable nutrition education for our neighbors who need it most. Together we are engaging whole families in Westchester in making healthy choices!



TOGETHER WE MAKE A DIFFERENCE. TOGETHER WE PROVIDE HOPE.

Along with supporters like you, Feeding Westchester relies on our network of more than 300 partners and programs to make an impact possible in the lives of the people we serve. Here's what some of our partners are saying:



"We could not operate without Feeding Westchester. They are our primary supplier of food and equipment. Since the pandemic, they have been even more of a lifeline."

- First Presbyterian Church of Yorktown Food Pantry

"We're able to feed so many people. I never get a "no" from [Feeding Westchester]. Ever."

- YWCA Yonkers

"I've never met an organization that is so easy to work with. They give you all the tools to serve."

- Ridgeway Alliance Food Pantry



Thank you for playing a pivotal role in a larger community of dedicated hunger advocates!

JOIN US

Do you want to deepen your engagement with Feeding Westchester and join us in making an impact in the fight against hunger? Consider another way you can make a difference:

LEAVE A LEGACY—

Join Nourish Tomorrow

A bequest could be the most important charitable gift you ever make. Show your commitment to feeding our hungry neighbors by naming Feeding Westchester in your legacy plan.

For more information, please contact Kelly Garvey, at kgarvey@feedingwestchester.org or 914.418.5212.

UPCOMING EVENTS

An Evening in Good Taste

October 27

An Evening in Good Taste is Westchester's premier tasting event not to be missed! Join top local chefs and wine purveyors for a night of exquisite cuisine, fine wine, craft beers, and specialty cocktails, with all proceeds benefiting Feeding Westchester. It's the perfect opportunity to meet and mingle with friends and supporters of Feeding Westchester—all while making an impact and helping provide nutritious food for children, seniors, and families who are hungry.

To learn more, visit
FeedingWestchester.org/aeigt.



FEEDING WESTCHESTER

Feeding Westchester's mission is to nourish our neighbors in the fight against hunger. We envision a community where all people have access to the food they need today, and the fundamental resources to build a better tomorrow.

200 Clearbrook Road,
Elmsford, NY 10523
914.923.1100
FeedingWestchester.org

Donate online at:
FeedingWestchester.org/give

For other ways to get involved:
FeedingWestchester.org/get-involved

Follow us on:



APRIL, MAY, JUNE

SEE YOUR IMPACT

Neighbors helped per month

**On average*

207,697



Children receiving food
through deliveries and
school programs

212,552



Pounds of food distributed

5.2 MILLION

Fresh produce distributed

2.2 MILLION



Number of meals distributed

4.3 MILLION



They always supply me with good food. Thankfully I get enough food for me to get by through the week, stuff that's expensive in the supermarkets. And I'm able to make myself meals that are filling.

- Carlos, Yonkers resident

