

## HOW YOU HELPED

# NOURISH NANCY'S FAMILY

Nancy woke up worried every day. Working as a housekeeper, her income was already spread paper thin. She had rent to pay, bills to stay on top of — and most important, three little ones to feed.

Then the pandemic hit, and her regular cleaning jobs disappeared. Nancy's worry turned to fear. How would she make sure her children didn't go hungry?

Fortunately, kind neighbors like you were right there to support her. Thanks to you, our partner agencies were able to serve at-risk families like Nancy's at the height of the pandemic... and together, we continue to feed hungry neighbors today.

"This food helps my family out a lot," Nancy shares. "Now I can use the money I save on food to pay my bills."

With the new school year starting soon, Nancy is especially relieved that she'll be able to give her kids three healthy meals every day. She's seen the difference it makes in their grades when they eat the nutritious food you help provide.

What's more, Nancy appreciates knowing that she can come to her local pantry whenever she needs to. "They're such nice people," she smiles. "And they're here all the time, which means the world to me."




**Thank you for ensuring parents always have a place to turn when their cupboards are bare. You're keeping Westchester's families healthy, every time you give. Visit [feedingwestchester.org/give](https://feedingwestchester.org/give) to help more of our neighbors overcome hunger today!**



**"Thank you for caring about my family!"**

**- Nancy, with her son Matthew**

**Look inside for  
these stories!**

-  Scholastic success starts now
-  Teaming up with local eateries
-  New school pantry program thrives

# A MESSAGE FROM THE CEO

Here at Feeding Westchester, we're always thinking a season ahead. So while summer might be in full swing, our focus is already on back-to-school prep: How can we help our community's kids have the most successful school year ever?

One wonderful new outreach you're supporting is home delivery through our partnership with DoorDash. Local families with school-age children can sign up to receive about 16 pounds of fresh produce brought right to their doorstep. Apples, oranges, cabbage, broccoli—all the good stuff kids need to learn and grow!

Your generous gifts also fill Children's

Summer Feeding Bags with nutritious meals (see below) and support school-based pantries like the one at Mildred E. Strang Middle School (page 4). Combined, these efforts form a year-round safety net for schoolkids, hardworking families, and many others who face hunger in Westchester.

I can't overstate how important a healthy diet is to a child's education. And I can't thank friends like you enough for your phenomenal generosity in helping to provide all the fuel kids need to study well this fall and beyond!

With gratitude,

*Karen C. Erren*



Karen C. Erren,  
President & CEO

## TOMORROW'S GOOD GRADES

# START WITH YOUR SUPPORT



The first day of school may still be a few weeks away, but we can get a head start on setting kids up for success!

Your support this summer can help provide Children's Summer Feeding Bags. Thoughtfully packed with complete, shelf-stable meals, these bags bridge the gap when free school meals aren't available — promoting kids' healthy development and giving them energy to enjoy their summer break.

Think about how important that is: If a child hasn't had enough to eat all summer, they're going to return to the classroom tired and rundown. From the very first day of school, they won't be able to focus.

But when we reach kids in need with good nutrition, they'll be ready to excel when the bell rings. Thank you for your generous support!

**Help provide these ready-to-go meals for kids across Westchester!**

## SEE YOUR IMPACT:

January 1, 2022 to  
March 31, 2022



Neighbors helped  
per month  
(On average)

**190,244**



Children receiving food  
through deliveries and  
school programs

**196,254** kids

# TOGETHER WE ARE FEEDING WESTCHESTER



## Local kids take the lead in meeting the need

On the first Wednesday of every month, student volunteers from Alice E. Grady Elementary School flock to the Mobile Food Pantry in their school district to serve local families.

With the kids' help, "we provide fresh produce, dairy, and protein for anywhere from 100 to 300 people every month," says district superintendent Dr. Marc Baiocco. "We're grateful for the opportunity to provide for families in need — and for our partnership with Feeding Westchester!"

## Feeding local families, saving local restaurants

Fueled by a generous New York Department of Agriculture grant, Feeding Westchester's Restaurant Resiliency program has helped change hundreds of lives.

First, we used grant funds to buy prepared meals from 20 area restaurants, infusing much-needed money into their struggling businesses. Then our feeding partners provided those delicious meals to our neighbors in need — free of charge.

"They saved my business," said one restaurant participant. "This money is keeping my doors open!"



## Your kindness helps save the day

Families rely on Brookside Elementary's regular food distribution. So when they didn't have enough volunteers one Saturday, social worker Stephanie Lopez sprang into action to make sure the event wasn't canceled. She reached out to Feeding Westchester directly and, thanks to compassionate friends like you, we were able to help at a moment's notice! More than 100 families got the produce and shelf-stable food they needed, as well as diapers and baby formula. Thank you for making that possible!



Fresh produce  
distributed

**1,937,469** lbs.



Pounds of food  
distributed

**4,911,901** lbs.



Number of meals  
distributed

**4,093,250**



Feeding Westchester is the county's largest nonprofit hunger-relief organization at the heart of a network of 225 community partners and meal programs. With a mission to nourish their neighbors in the fight against hunger, the organization sources and distributes good, nutritious food and other resources throughout every community in Westchester County.

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[FeedingWestchester.org](https://FeedingWestchester.org)

Donate online at:

[FeedingWestchester.org/donate](https://FeedingWestchester.org/donate)

For other ways to get involved:

[FeedingWestchester.org](https://FeedingWestchester.org)

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# WHEN YOU GIVE, YOU EMPOWER SOMEONE TO LIVE

As the social worker at Mildred E. Strang Middle School, Penny Jones was crushed to discover how many of her students were struggling with hunger. Last spring, she resolved to do something about it.

In partnership with Feeding Westchester — and kind friends like you — Penny launched a school-based pantry.

She describes how it works: “First, Feeding Westchester delivers a big pallet of food. Then high school volunteers come over to pack the bags for us. Each bag has a mix of produce like apples, onions, and sweet potatoes, and shelf-stable items like rice and canned vegetables.”

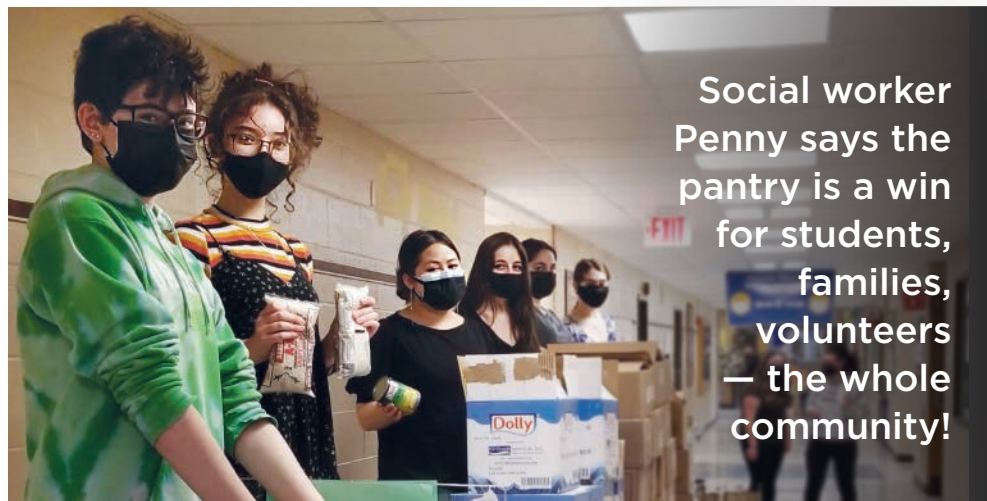
At a single monthly distribution, Penny says, her team can serve up to 120 households — student families, as well as local seniors and other neighbors who might otherwise go hungry. And every last bag of groceries always finds a home.

**“Your support is what keeps this program alive,” Penny says to friends like you. “You may never hear it from the recipients, but trust me: your generosity does more good than you’ll ever know. When you give, you empower someone to live.”**

## NOURISHING NEIGHBORS Help Every Month

This dedicated group of supporters has come together to fight hunger in our community by committing to a regular monthly gift. You can become one of our Nourishing Neighbors by making your first monthly gift today.

Questions? Contact Abigail Brown at [abrown@feedingwestchester.org](mailto:abrown@feedingwestchester.org) or 914.266.3881



Social worker Penny says the pantry is a win for students, families, volunteers — the whole community!

## LEAVE A LEGACY Join Nourish Tomorrow

A bequest could be the most important charitable gift you ever make. Show your commitment to feeding our hungry neighbors by naming Feeding Westchester in your legacy plan. For more information, please contact Feeding Westchester's Director of Individual Giving, Kelly Garvey, at [kgarvey@feedingwestchester.org](mailto:kgarvey@feedingwestchester.org) or 914.418.5212

## LEND US Your Voice

Ending hunger requires more than feeding the hungry — eliminating hunger requires addressing its root causes and this cannot be done through donations alone. If you would like information on our advocacy efforts or would like to join our advocacy action alerts visit [FeedingWestchester.org/Advocacy](https://FeedingWestchester.org/Advocacy)