

#### QUARTERLY NEWSLETTER

# FEEDING A HUNGRY CHILD

As families struggle from the economic effects of the pandemic, the number of children at risk of hunger has risen. It's a side of hunger that can easily go unnoticed. A child complaining of a stomachache, lethargy on the playground, or an inability to focus on schoolwork might be a sign of hunger.

Mrs. Marshall didn't realize the extent her students needed food assistance until they started a School Pantry program at her school. "When I saw the students were filling up the bags and concerned with taking home the food, that's what really made me realize how much my students needed this," she says.

For one of her students, Jeremy, that food meant everything. He watched for the refrigerated food deliveries. "When is the chicken coming?" he would ask. On Fridays, he waited in the hallway with his grocery bags for his turn to go "shopping" in the food pantry. No matter how heavy the bags were, he carried them home that day, leaving nothing behind.

"He was so excited to be bringing food to his family," recalls Mrs. Marshall. "The food really made a huge difference."

Thanks to your support, we're able to provide food to schools, community centers, and directly to children and families in need through our school-based Mobile Food Pantries, School Pantries, child-feeding backpacks, and other programs. Together, we can ensure no child in Westchester goes hungry.

How to get involved this Hunger Action Month

- The unique impact of giving through Donor-Advised Funds
- Help make the holidays special for hungry families

"He was so excited to be bringing food to his family."

- Mrs. Marshall, Ossining Teacher

## Look inside for these stories!

## A MESSAGE FROM

While the impacts of COVID-19 remain, we are already looking forward to celebrating the approaching holidays. But for the families coming to us for food assistance, the holidays can be difficult when their economic recovery still feels tenuous. One thing we know from the 2008 recession is that it can take years for families at risk of hunger to get back on their feet after a financial downturn. Today, the need for food assistance in Westchester County is still above pre-pandemic levels.

This year when family celebrations feel even more meaningful, we want to make

sure that all your neighbors have the food they need to share a meal and celebrate this holiday season.

We are so thankful for the many ways you support this work. You're helping us provide nutritious food to children like Jeremy — whose story is shared on page one — and to many other neighbors in need.

Together we are Feeding Westchester.

With gratitude,

Karen C CRIREN



Karen C. Erren, President & CEO

## LET'S COME TOGETHER TO END HUNGER

#### You Can Make A Difference For Your Hungry Neighbors



For hundreds of thousands right here in Westchester, a daily meal is an impossible choice — between food and other critical needs: medicine, electricity, or childcare. No one should have to make those types of choices. Food shouldn't be an impossible choice.

**September is Hunger Action Month**<sup>®</sup>, and Feeding Westchester encourages everyone — together — to take action to end hunger.

This month, you have the choice to act and provide hope to work towards ending hunger in your community. There are so many ways to make an impact. You can choose to donate or advocate, to volunteer, or raise awareness. For more information on how you can get involved in fighting hunger in your community, please visit: <u>feedingwestchester.org</u>.

SEE YOUR IMPACT: April 1, 2021 to June 30, 2021





## TOGETHER WE ARE FEEDING WESTCHESTER



#### Local Students Care For Their Community

When a school social worker noticed families in her district were struggling to provide enough food during the pandemic, she called Feeding Westchester. On two Saturdays, staff and students at Yorktown High School put on a Food for All drive-thru food pantry to support the community. Each distribution day helped more than 275 people in need!

#### Thank You For A Successful Food Drive

Alpha Kappa Alpha, Inc. knows that nothing brings people together like serving their community. We're grateful for Westchester's Pi lota Omega Chapter's recent "Operation AKA Assist" drive-thru food drive, which brought in more than 1,200 meals — that's 400 pounds of food — to support Westchester families struggling with hunger.





#### Neighbors Helping Neighbors Through A Donor-Advised Fund

"As a family, we've supported Feeding Westchester for a number of years. We know through our volunteer work that Feeding Westchester is making a difference in people's lives every day. We like making an impact in our community, and were so pleased to find out we could give to Feeding Westchester through our Donor-Advised Fund (DAF). It means a great deal to us to know we're helping to nourish our hungry neighbors."

Fresh produce distributed





- Scott and Michelle Sherman, Harrison residents

Number of meals distributed



### FEEDING WESTCHESTER

Feeding Westchester is the county's leading nonprofit hungerrelief organization at the heart of a network of nearly 300 community partners and meal programs. With a mission to nourish their neighbors in the fight against hunger, the organization sources and distributes good, nutritious food and other resources throughout every community in Westchester County.

200 Clearbrook Road Elmsford, NY 10523 914.923.1100 FeedingWestchester.org Donate online at: FeedingWestchester.org/donate For other ways to get involved:

FeedingWestchester.org/take-action Follow us on:



#### FIGHT HUNGER Through A Donor-Advised Fund

Donor-Advised Funds (DAF) allow donors to receive an immediate tax deduction, then recommend donations to nonprofits like Feeding Westchester over time. For questions, contact Kelly Garvey, Director of Individual Giving, at <u>kgarvey@feedingwestchester.org</u> or 914.418.5212.

## YOU CAN HELP MAKE THE HOLIDAYS SPECIAL

#### Help From Home This Holiday Season

As we look forward to the upcoming holiday season, there are many in your community who are struggling and won't be able to have a holiday meal. With your help, we can ensure no one in Westchester goes hungry this season. That's why we're excited to share a special Help from Home holiday initiative where we're calling upon everyone in the community to pack bags with shelf-stable food items.

You can provide food — and hope — by donating a variety of food so families can have the special items they need to celebrate the holidays — whether they cook a Christmas ham, make tamales, or serve savory rice dishes. Bags will be distributed to your neighbors in need through Feeding Westchester's community partners and distribution programs. For more information, reach out to volunteer@feedingwestchester.org.



### LEND US Your Voice

Ending hunger requires more than feeding the hungry — eliminating hunger requires addressing its root causes and this cannot be solved through donations alone. Through advocacy, Feeding Westchester works to address the systemic issues that contribute to and perpetuate the problem of hunger in our community.

But we can't do this alone. If you would like current information on our specific advocacy efforts or would like to join our advocacy action alerts, email <u>ncrawford@feedingwestchester.org</u>