

#### We are Feeding Westchester

Feeding Westchester is the heart of a network that expertly sources and distributes food and resources to feed people who are hungry in every town in Westchester.



#### LETTER FROM THE CEO



If you are like me, food means something special to you. Maybe it's a first memory of being in a kitchen with a parent passing you a plate full of breakfast, or standing in a garden trying your first tomato straight from the vine, or being around a table of happily-gathered family members sharing stories and food in celebration of a holiday. Food is

powerful: it gives us the energy to concentrate, work hard, be productive and thrive.

1 in 5 of our neighbors cannot count on food being available. 1 in 5 of our neighbors may begin the day lacking energy to work, concentrate at school or follow a doctor's dietary instructions. 1 in 5 of our neighbors don't have the basic nutrition that nourishes them and helps them live their healthiest lives. In the next few pages you will meet a few of our 1 in 5 neighbors and learn how the food we provide helps them eat today, be nourished, and thrive.

Last year, we distributed over 9.3 million pounds of food – up from 8.4 million pounds in the prior year! I'm proud that much of the increase came from the "recovery" of quality, produce that would otherwise go to waste. We thank our food partners for diverting quality, excess food from landfills to the back of our trucks. Thanks to these recovery efforts, we distributed more than 3 million pounds of nutritious fresh produce, like apples, lettuce, carrots, as well as pears, arugula and kale.

In addition to providing the food our neighbors need today, we helped people thrive. Through our nutrition education classes, we helped clients eat healthier. Through our food growing program we helped people learn to sustainably grow food. And, we made more than 500 home visits to help elderly and disabled clients access available food support through SNAP (food stamps).

Our work is carefully guided by a 5 year strategic plan to distribute 10.5 million meals by 2021. We will achieve this by continuing to efficiently source and distribute food, by collaborating closely with our food pantry and soup kitchen partners, and by working with new strategic partners that help us reach more of our 1 in 5 neighbors.

And, last year we changed our name to Feeding Westchester to better reflect our path towards providing clients with food for today, and with other resources to help them live their best lives. And, most simply it better says what we do!

I'm truly grateful to our partners, our friends and our donors. Together we are Feeding Westchester.

With appreciation,

Leslie Gordon

President and CEO, Feeding Westchester

# 1 IN 5 WESTCHESTER RESIDENTS ARE HUNGRY



#### OUR IMPACT ON HUNGER IN 2017-2018

FEEDING WESTCHESTER PROVIDED:

9.3
million pounds
of food =
Equivalent to

7.8 million meals

3.4 million pounds

of fresh produce like gorgeous apples, carrots, peaches, lettuce, tomatoes, onions, potatoes and much, much more 3.8 million pounds

of quality food recovered – and kept out of landfills – from over 80 local retail partners

2.5 million pounds

of food directly to nearly 200,000 people through our Mobile Pantry and Fresh Market programs Food Growing Programs: We grew vegetables and taught at 13 garden sites



full of food from all 5 food groups to over 3,500 children each month



Nutrition

Classes

Education

bags of fresh produce to almost 3,000 seniors each month

11,000 volunteers

dedicating almost 29,000 hours



We partnered with over 300 programs across Westchester to feed the hungry



#### FEEDING CHILDREN, FUELING SUCCESS

We know that children who don't get enough nutritious food fall behind in school, growth, and foundational development. Hunger can have lifelong consequences.

That's why our work is so important. We run several high-impact programs tailored specifically for children who otherwise wouldn't have enough to eat. One example is our BackPack Program. Each of the 61,175 BackPacks we gave out last year contained easy-to-prepare foods that children can eat at home, when no other food is available.



Meet Paola Tacona, a young Greenburgh resident who once relied on Feeding Westchester for food. When Paola's family moved to Westchester, her parents found it a struggle to

support their children, due to the high cost of living. "My mom often couldn't afford to go to the grocery store," Paola recalls. And that meant the family often went without food.

For Paola, help came in the form of our BackPacks.

"When I would get the bag," Paola says, "it was great because it was a meal coming home. I'm thankful for Feeding Westchester." Paola would open her BackPack to find ready-to-eat choices like whole-grain cereal and shelf-stable milk. When her parents left early for work, she could make her own breakfasts, fueling a better school day.

But it's not just through our BackPack program that we are feeding children. Westchester schools are also hosting our Mobile Pantry distributions right on school grounds, sending nutritious produce, proteins and dairy home with families.

Indeed, visit any of our Mobile Pantry or Fresh Market distribution sites, and you'll see children excited to be helping their parents select food to bring home. Recently, one child's face lit up with smiles when he saw that there were enough beautiful purple grapes for his family to receive an extra box. He told us that grapes are one of his favorite snacks, and he was excited to share with his siblings.

As for Paola, her family has gotten back on their feet now, but she hasn't forgotten the experience of not having food. Now, as a volunteer, Paola has helped fill hundreds of BackPacks on which she once relied. "It feels great to give back," she smiles.

Paola's in good company. More than 11,000 people volunteered with us last year. Together, they spent nearly 29,000 hours packing food for people in need. They volunteer because, like us, they believe that no child should ever go hungry.



#### FIGHTING CHILDHOOD HUNGER

Feeding Westchester provides food to help feed the 60.000 children who are hungry through BackPacks distributed at schools. neighborhood Mobile Pantry and Fresh Market distributions and through our partner network of food pantries. We also teach children of all ages how to grow their own food at 13 co-op and 5 farm sites across Westchester.





#### FOOD FOR THE WHOLE FAMILY

Working families face challenges from all directions: low wages, high childcare costs, and even higher rent. It can become impossible to stay ahead of the bills. For families working minimum-wage jobs and juggling expenses, fresh fruits and vegetables are a luxury.



That's the problem that single mom Dorothy Shelton faces every day. "I'm one of many young people struggling to make ends meet," she says.

It's not for a lack of trying. Dorothy works nearly 70 hours a week as a nursing assistant. On top of that, she takes nursing classes. When she finishes her degree, she'll make more money, but today her job barely pays the bills. And yet her income disqualifies her family from a range of federal programs that would help, like SNAP (food stamps) and free school lunch for her son.

The financial problems started when Dorothy's son was born six years ago. He was a premature baby who needed extensive care, with many hospital stays before the age of two. Today Dorothy still has medical bills to pay off, and they cut deeply into her grocery budget. That's where we come in.

"Feeding Westchester," Dorothy says, "has helped me keep afloat." Thanks to programs like our Mobile Pantry and Fresh Market that bring fresh produce, proteins and dairy directly to clients, Dorothy can provide her growing son with essential wholesome foods. And when they both get enough to eat, they're set up for success: she can focus on her nursing studies and help him to excel at school too.

We provide almost 650,000 meals, on average, to people across Westchester like Dorothy, each month. As Dorothy says, "everyone's struggles look different." Indeed, there are many reasons that families need Feeding Westchester's assistance – be it illness, accidents or seasonal work. But regardless of the diverse needs of the people we serve, Feeding Westchester brings stability to their lives.

Food is essential to helping people get back on their feet. Research shows that a predictable, nutritious source of food enhances a person's productivity at work, in school and at home. And when families need assistance getting enough to eat, we're there for them – with your help.



Over the past vear, we provided more than 9 million pounds of food to families—through our network of food pantries and soup kitchens, and our Mobile Pantry and Fresh Market distributions with tables full of meat, dairy. breads, fresh fruits. and vegetables. We're proud that a full third of these foods - 3 million pounds - was fresh produce, helping families stock their refrigerators with healthy choices like carrots and apples.





#### PROVIDING ESSENTIAL FOOD FOR SENIORS

For many seniors, costs are climbing. Even after decades of hard work, their savings are slim. At the same time, their health often worsens. And, doctors urge foods they can't afford.



Mary Turchioe is one of many Westchester seniors in these shoes. Because her body cannot process carbohydrates, her doctor has urged her to adhere to a specialized diet.

"I like healthy food," Mary explains. "Especially with my strict diet due to my illness. But it's not always easy to buy those foods."

Sadly, Mary is like many of the seniors we serve. Women have the highest rates of poverty in old age, and often can't afford the foods that their doctors recommend. On her budget, fresh produce and lean protein are often literally off the table.

Feeding Westchester puts healthy foods within Mary's reach. We provide fresh options to vulnerable seniors through a range of programs. Partner food pantries and soup kitchens offer fresh produce and other nutritious choices. Our direct-to-client distributions bring high-quality foods, like fresh fruits and vegetables, to their neighborhoods. We help people like Mary enroll in SNAP (formerly food stamps). While Mary gets

fresh food from Feeding Westchester, her SNAP benefits let her purchase other grocery store basics and shelf-stable food items.

Throughout Westchester, our SNAP Coordinator helps seniors and people with disabilities enroll in this national program to provide monthly funds for buying groceries – just one of the ways that Feeding Westchester unlocks resources to support neighbors in need.

Mary's making the most of what we give her. To learn new ways to use her fresh produce from Feeding Westchester's Senior Grocery program, she attended our "Just Say Yes to Fruits and Vegetables" workshop at her senior center. She can't wait to make "5 Minute Brussels Sprouts" and "Apple and Fig Salad." People like Mary are the reason we have a Registered Dietitian on staff to teach nutrition classes especially for seniors, guiding them in adding fresh produce to their diets and adapting recipes for better health.

We believe that no one should have to choose between food and medicine. With our help, seniors like Mary are following their doctors' orders to eat their way to better health.



Feeding Westchester provides 2,635 bags of fresh produce to seniors every month at more than twenty locations, including senior residences. community centers and houses of worship. These sites are chosen for their convenience for seniors - helping to reduce barriers to healthy foods. Over the past year, our Senior Grocery program delivered close to 400,000 pounds of hand-packed bags of fresh produce directly to seniors.















#### **EVENTS ARE**

### FEEDING WESTCHESTER



#### AN EVENING IN GOOD TASTE

25 renowned chefs created an unforgettable experience for over 500 supporters while raising money for Feeding Westchester.

#### SPRING GALA

This elegant dinner brought 430 guests together to celebrate our 30th year of Feeding Westchester and honor longtime Board Member, Rick Rakow.

#### MILES FOR MEALS

An Annual Hunger Action Month 5K Walk and Run at Pace University. Participants of all skill levels "paced" themselves on the course to help raise awareness and funds to fight hunger.

#### **GOLDEN SCOOP**

19 corporate teams competed to pack food in our largest competition yet! Competitors proved their commitment to fighting hunger and packed over 44,312 meals! The winner, Danone North America, was awarded the coveted Golden Scoop Competition Trophy!

#### COMMUNITY SCOOP-A-THON

10 teams made up of families, community groups and sports teams, gathered for our first annual food packing competition on Giving Tuesday. In 45 minutes, teams packed nearly 20,000 pounds of fresh apples into bags that were later distributed to local soup kitchens and food pantries.

#### **HUNGER HEROES AWARDS BREAKFAST**

We recognized the important work and support of five partnering organizations - D'Arrigo Bros. Co. of New York, The Arc Westchester, MasterCard, Junior League of Bronxville, and Danone North America - at our signature awards breakfast. Over 200 supporters attended.

## FEEDING WESTCHESTER

#### DONATE

#### JOIN OUR SUSTAINER SOCIETY

Sustainer Society members show their support with qualified gifts of \$5,000 or more. Members are invited to special events, tours, select volunteer opportunities and receive quarterly updates.

#### LEAVE A LASTING LEGACY AND JOIN OUR HARVEST SOCIETY

Consider including Feeding Westchester in your estate plans or contact us if you would like to learn more about leaving a lasting impact on hunger in our area.

#### GIVE MONTHLY AND JOIN OUR FULL PLATE PARTNERS

Full Plate Partners help feed Westchester with their monthly recurring donations. Sign up via our secure online system.

#### CELEBRATE A MILESTONE OR MEMORY

- Honor a special day with a gift to Feeding Westchester or encourage your guests to donate in lieu of gifts.
- Give in honor of someone special and honor the life or recognize the accomplishments of your loved one.
- Make an impression on the holidays by giving to Feeding Westchester in the name of family, friends and business associates.

#### WORKPLACE GIVING AND MATCHING GIFTS

Ask your Human Resources Department if your company participates. We are happy to help with the paperwork!

#### **SPONSOR AN EVENT**

Receive recognition through social media, e-blasts, event signs and website presence, and enjoy event tickets and more!

#### TAKE ACTION

#### HOST A FUNDRAISING DRIVE

Ask friends, family, teammates to celebrate your next birthday, Bar/Bat Mitzvah, confirmation, anniversary, or other milestones by donating in your name. Or, start a drive just because you feel like it!

#### **FUNDRAISE YOUR WAY**

Select Feeding Westchester as the beneficiary of your event, new brand launch, store opening or promotion, and donate a portion of sales.

#### **VOLUNTEER**

We need people like you at our distribution center, in our office, at events, at Mobile Food Pantry distributions, and at our farms. We have opportunities for corporate, community, school and family groups (including children!) on weekdays, evenings, and weekends. Please check out FeedingWestchester.org/volunteer to find a time that works for you.

#### **TEAM BUILDING ACTIVITIES**

We welcome groups of 10 to 60 people, Monday through Friday, to pack food.

#### Check out our website:

www.feedingwestchester.org/take-action to learn more



#### STATEMENT OF ACTIVITIES

PUBLIC SUPPORT AND REVENUE	EAR END 6/30/2017 TEA	KK END 0/30/2010
PUBLIC SUPPORT		
Corporate/Foundation/Community/Individual Support	\$2,532,970	\$3,178,046
Direct Mail Contributions	\$566,192	\$495,886
Special Events	\$739,328	\$874,459
Adopt a Pantry Program		
Other Programs		
Total Public Support	\$4,219,999	\$4,857,587
GOVERNMENT SUPPORT		
Government Support: New York State	\$1,543,135	\$1,637,864
Westchester County U.S. Department of Agriculture	\$298,534	\$312,766
U.S. Department of Agriculture	\$149,170	\$105,482
Federal Emergency		
Management Agency	\$37,840	\$30,261
Total Government Support	\$2,028,679	\$2,086,373

PUBLIC SUPPORT AND REVENUE	YEAR END 6/30/2017 YEAR END 6/30/2018	
OTHER REVENUE:		
Food Program	\$7,803,520	\$9,580,787
Shared Maintenance Fees		\$95,373
nvestment Income	\$5,024	\$14,946
Total Other Revenue	\$7,901,483	\$9,691,106
EXPENSES		
Program Expenses	\$11,951,794	\$13,789,243
Support Expenses		
Fundraising Expenses		
Total Expenses	\$13,795,847	\$15,852,646
NET ASSETS		
Net Assets, End of Fiscal Year Includes in-kind food donations	\$4,252,526	\$5,03 <b>4</b> ,946

#### STAFF/GOVERNANCE

#### **LEADERSHIP**

**Leslie Gordon**President and CEO

**Toby Pidgeon**VP Program Operations and Administration

Valerie Roy
Director of Human Resources

Robert Silvia
Director of Operations and Food Sourcing

#### **EXECUTIVE COMMITTEE**

Maria Bronzi, Chair, Altium Wealth Management, LLC | Scott Boilen, Vice Chair, AllStar Products Group | Sue Norton, Vice Chair, PepsiCo, Inc./PepsiCo Foundation | Bruce Wilson, Treasurer, White Oak Equity Partners | Robert Scher, Esq., Secretary, Foley and Lardner LLP | Richard Rakow, Immediate Past Chair, Rakow Commercial Realty Group, Inc. | Scott Sherman, Fund Development Committee Chair, Tiger Management, LLC | Leslie Gordon, President and CEO, Feeding Westchester

#### **MEMBERS**

Spencer Barback, CPA, Citrin Cooperman & Company LLP | Michael Cassidy, Team JMC | Charles Day, UBS Financial Services, Inc. | Willard Hill, Jr., Esq. | Joseph Masterson, Rapid Growth Consultants | Jody Rollins, Chubb | Douglas Ruttenberg, CPA, PKF O'Connor Davies, LLP | Daniel Singer, Robison Oil | Clifford Weber, Esq., PCSB Bank | Gregory Werlinich, Werlinich Asset Management, LLC | Michael Wilson, Wilson & Son Jewelers | Robert Yager, Stop & Shop Supermarkets





#### **AGENCY PARTNERS**

We work with the following food pantries, soup kitchens, senior and daycare centers, schools and colleges, shelters and residential programs to help provide food to our hungry neighbors in towns across Westchester.

Anthony Veteran Park | ARC of Westchester | Bethany AME Church Feeding Program | Bethel Baptist Church | Bethel Temple of Praise | Bethesda Baptist Church | Beulah SDA Church | Blythedale Childrens Hospital Bowen Memorial Outreach Boys and Girls Club of Northern Westchester | Camp Joy | Caritas | Carver Center | Cerebral Palsy of Westchester | Children's Village | Church of God of Prophecy | Church of the Ascension | City of Mount Vernon | Cluster Residences | Church of God of Prophecy | Columbus Magnet Elementary School | Community Center of Northern Westchester | Community Food Pantry of Mohegan Lake Community Food Pantry of Sleepy Hollow/Tarrytown Community Service Associates | Congregation Kol Ami | Cornell Cooperative Extension | Croton-Cortlandt Food Pantry | Dayspring Community Center Department of Corrections | Dobbs Ferry Food Pantry | Don Bosco Community Center | Eastchester CAP | Ecumenical | El Centro Hispano | Elmsford Union Free School District | Family Resource Center of Peekskill Fanwood | First Presbyterian Church of Yorktown | First Reformed Church Food Pantry | First Seventh Day Adventist Church | First United Methodist Church | Franklin Housing Authority In Tarrytown | Fred's Pantry | Giving Tree Global Inc. | Good Shepherd Church | Grace Baptist Church | Grace House | Grace Plaza | Greenburgh Central School District Greenburgh/Elmsford CAP | Greenburgh-Graham UFSD | Guidance Center of Westchester, The Halfway Houses Of Westchester | Hamilton Apartments | Harrison Community Services | Hillside Food Outreach | Holy Spirit Church | Hope Community Services | Hopes Door | Hudson Valley

Community Services Interfaith Emergency Food Pantry of Pleasantville Intown Associates | Jan Peek | Jefferson School Camp | Kiley Center | Lakeland Central School District | Larchmont Mamaroneck Hunger Task Force | Lexington Center For Recovery - Mt. Kisco | Lifting Up Westchester | Lincoln Towers | Living Resources | Living Transformation | Loaves and Fish (Holy Name of Mary) Loaves and Fishes (Pleasantville Presbyterian) | Macedonia Baptist Church | Macedonia Towers | Margaret Hughes Manor | Masters Helping Hand | Metropolitan AME Zion Church | Morse Elementary School | Mount Hope Table of Grace | Mount Kisco Fox Center Mount Kisco Interfaith | Mount Lebanon Baptist | Mount Olive Church | Mount Vernon Armory | Mount Vernon CAP | Mount Vernon School District | Mount Vernon Collective Gardens | Mount Vernon SDA | Mount Zion Baptist Church | Municipal Housing Authority for the City of Yonkers Muscoot Farm | MVP Healthcare | My Brother Vinny | Neighborhood Services | Nepperhan Community Center | New Beginnings | New Life Fellowship Church | New Little Branches Day Care | New Rochelle CAP | New Rochelle Day Nursery | New Rochelle Municipal Housing Authority | New York School for the Deaf | North Yonkers Preservation | NYS Union of Teachers | Oasis | Open Arms Men's Shelter | Open Door Family Medical Center | Ossining Food Pantry | Ossining Union Free School District | Our Lady of Mount Carmel | PACE University | Parkledge Apartments | Peekskill Neighborhood Senior Center | Peekskill School District | Peekskill Youth Bureau | Port Chester Public Schools | Presslev Memorial Church | Queen's Daughters Day Care Center | Ridgeway Alliance Church | Rising Ground



Riverdale SDA Ronald McDonald House RSHM Life Center Sacred Heart Church, Food For The Hungry | Saint Andres Church | Saint Frances AME Zion Church | Saint Joseph's Church Soup Kitchen | Saint Mary's Church, Mount Vernon Food Pantry | Saint Peter's Child Care Center | Saint Peter's Church, Yonkers | Saint Peters Church, Port Chester | Saint Thomas Brown Bag | Saints John, Paul and Clement | Salvation Army, Mount Vernon | Salvation Army, New Rochelle | Salvation Army, Peekskill | Salvation Army, Port Chester | Salvation Army, Tarrytown | Salvation Army, White Plains | Salvation Army, Yonkers | Search For Change Larchmont | Search For Change Supported Housing | Sharing Community. The Shepherds Flock | Shiloh Baptist Church | St. Casimir Apartments | Star of Bethlehem | Stepping Up Yonkers | Sterling Community Center | Sunnybrook Apartments | Taconic Corrections Facility | Tarrytown COC | Town of North Castle Food Pantry | Union Baptist Church | Union Food For Life United Community Center of Westchester United Interfaith Food Pantry VA Hospital Supportive Housing VA Hudson Valley at Castle Point | VOA Crossroads Shelter | Ward Camp School | Wartburg Senior Center | Westchester Community College | Westchester County Diaper Bank, The Westchester Dept. of Environmental Facilities | Westchester Land Trust | Westchester Medical Center | Westhab Inc. | White Plains CAP White Plains Housing Authority | White Plains Public Library | White Plains Public Schools | White Plains SDA | WJCS Mary J. Blige Center | Woodfield Cottage YMCA of Central & Northern West. Day Care YMCA of Yonkers Yonkers CAP Yonkers Hungry People Yonkers Office for the Aging Yonkers Partners In Education | Yonkers Police Athletic League | Yonkers Public Schools | Yonkers SDA Church | Yorktown Senior Nutrition Center | Youth Community Outreach Program | Youth Shelter Program | YWCA of White Plains | YWCA of Yonkers



