

WINTER 2020

NEWSLETTER

Local Seniors Are Grateful for You!

Your help provides food for neighbors struggling to get by

Meet Melania, a 68-year-old school bus monitor in Eastchester. "I am a former teacher and bus driver. I still work as a school bus monitor since my pension and social security don't always cover my expenses." Melania also lives with and cares for her elderly sister who can't get around.

That's why she's been coming to Feeding Westchester's Mobile Food Pantry distribution at Yonkers Community Action Program for the past few years. Melania told us it allows her and her sister to save a little extra money. Staying healthy is important to them, she said. "We love all the fresh fruit, vegetables and meat we're able to access."

Melania cares for her elderly sister who can't get around.

Your generous support ensures that seniors like Melania and her sister and other families throughout Westchester can access nutritious food like fresh produce and protein through programs such as our Mobile Food Pantry.



Melania stopped by a Mobile Food Pantry to fill bags with fresh produce. She says getting good, nutritious food from Feeding Westchester allows her and her elderly sister to "save a little."

Look inside for these stories!

- See What You Did (2019 Highlights).
- Grandma Pat's Thanksgiving dinner feeds over 400 hungry neighbors.
- Meet 10-year-old Jay, our latest Hunger Hero!

WHAT'S COOKING



Blueberry Muffins

INGREDIENTS

- 3/4 cup milk
- 1 egg
- 1 cup applesauce
- 2 cups flour
- 2 tsp baking powder
- 1/2 cup blueberries

DIRECTIONS

- Preheat oven to 400 F.
- Line muffin tin with paper liners or coat with oil.
- In large bowl, stir together milk, egg and applesauce.
- Add flour and blueberries. Gently mix batter with only a few stirs to avoid over mixing.
- Spoon batter into cups.
- Bake for 20 minutes, until golden brown on top.
- Enjoy!

Hunger Hero Spotlight: Jay

Meet this quarter's hunger hero, Jay! Jay is a talented kid from Westchester who attends the Harlem School for the Arts. He can sing and dance, but he can also bake! Yes, he competed in a junior chef competition on the Food Network too.

After seeing a story about Feeding Westchester on the news, this 10-year-old hunger hero decided to help feed his hungry neighbors. For the holidays, Jay took orders for his famous sweet potato and apple pies and donated the proceeds to Feeding Westchester. Jay received so many orders, his mom rented an industrial kitchen for two days to fill them. It's because of heroes like Jay, our volunteers and caring neighbors like you that we can make a positive impact in Westchester communities.

Know a hunger hero? Nominate them for a chance to be featured on our social media and newsletter at: feedingwestchester.org/hero.



With a big smile on this face, Jaydon "Jay" Hairston dropped off his famous pies to Feeding Westchester.

#GivingTuesday Community Scoop

On #GivingTuesday, members of Westchester community organizations and corporations rolled up their sleeves to show their team spirit and support Feeding Westchester's mission against hunger. Nearly two dozen teams competed in the annual food packing competition to raise awareness and funds to feed our neighbors in need. In just two hours, these community and corporate groups packed 18,000 pounds of fresh carrots, onions and potatoes to distribute through our Senior Grocery program.

Corporate Spotlight: L Catterton packs more than 50,000 Pounds of Food in One Day

**52,747
total lbs
of food
packed**

**1,945 bags or
13,615 lbs of food
for Senior Grocery
Program**



**1,215 bags or
30,212 lbs of fresh
produce for Green
Thumb Program**

**2,340 lbs
of the mixed
goods from
Food Drives**

**6,580 lbs
of food for
Children's
Backpack
Program**

A Slam Dunk Against Hunger

Westchester Knicks Unload 1,000 Turkeys

On November 7, members of the Westchester Knicks stopped by Feeding Westchester to unload 1,000 turkeys donated by Stop & Shop for the annual Turkey Express program. Marty the Robot and Hudson the mascot joined in on the fun with the Westchester Knicks players and Stop & Shop volunteers to help make sure families and neighbors in Westchester had access to their Thanksgiving needs.



The Westchester Knicks unloaded 1,000 turkeys generously donated by Stop & Shop just in time for Thanksgiving. Their mascot, Hudson, also got in on the fun!

Grandma Pat's Thanksgiving Dinner



The family of Pat Barad, known as "Grandma Pat," served Thanksgiving dinner with a side of kindness to hundreds of families at our partner agency, Don Bosco Community Center in Port Chester.

Pat Barad, "Grandma Pat," loved to host the holidays, and Thanksgiving was her favorite. It was important to her that everyone had a place to spend the holiday. To honor her memory, each year her family invites hundreds of those in need to share Thanksgiving dinner prepared by Pat's nephew, Chef Jordan Wagman. This year, Grandma Pat's family fed more than 400 people in need on Thanksgiving at one of our partner pantries, Don Bosco Community Center in Port Chester. The feast not only filled the hearts and bellies of our hungry neighbors, but also raised funds to help benefit Feeding Westchester.

Meet the *Thrive* Young Professionals

Cultivating the New Harvest

We're excited to announce Feeding Westchester's Young Professionals Group, Thrive. We invite socially conscious young professionals to join Feeding Westchester to take action and bring awareness to the issue of hunger through fundraising, advocacy, social and volunteer efforts.

Visit feedingwestchester.org/yp to learn more and sign up.





Feeding Westchester's mission is to end hunger in Westchester County. As the heart of a network of more than 300 partners, we source and distribute food and other resources to towns across Westchester, helping to ensure that none of our neighbors are hungry. We feed Westchester.

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Elmsford, NY 10523
914.923.1100

FeedingWestchester.org

Donate online at:

FeedingWestchester.org/donate

For other ways to get involved:

FeedingWestchester.org/take-action

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LETTER FROM THE PRESIDENT



Dear Friends and Neighbors,

I'm so grateful for your generosity! You helped make sure families across Westchester had food on the table during the Holidays. Because of you, neighbors in need spent less time worrying about where their next meal would come from, and more time connecting with family and friends.

The Holidays truly are the most generous time of the year and your support made a meaningful difference in the lives of thousands. But the challenges our neighbors face never take a day off. We're committed to helping hungry children, families and seniors this winter, and throughout the year. Thank you for all you do to help us feed Westchester!

Sincerely,

Leslie Gordon
President & CEO

SEE WHAT YOU DID:

Highlights from October 2018–September 2019

Distribute
8.9 million
meals



**YOU
HELPED
US**



Share **65,297**
backpacks
distributed

Provide
48,000
senior
grocery
bags



Teach **163**
nutrition and
food safety
classes

Host **573** Mobile Food Pantry and Fresh Market
distributions across the county

Thank you for caring and sharing!