

YOUR SUPPORT BROUGHT FRESH FRUITS AND VEGETABLES TO CLIENTS IN ELMSFORD!



6-year old, Amiyah, visited the Elmsford School District's mobile pantry in June, with her mother. Amiyah, born with a cleft palate, is not able to communicate and doesn't yet attend school. Her mother, Darlyn, struggles to provide enough food for her children with the support they receive. Nutritious food, or fruits and vegetables that can be pureed for Amiyah to eat, are expensive and hard to get. Darlyn is hoping her school district will have a spot for Amiyah in the fall, and with Amiyah in school, she'll be able to return to work.

Amiyah's family is grateful for the nutritious food, like apples, cherries, kale, squash and bananas, they received from Feeding Westchester.



Hello and thank you!

Because of you, we fed hungry families across Westchester. Families like, Amiyah's (on the cover) and so many others who, with your help, had healthy fruits and vegetables to eat. Your generosity added another monthly distribution in a high-need area and created access to much needed fresh produce.



We could not do the work we do without your support! If you have a little time this summer, please visit us online or on-site at one of our distributions. We would love to see you.

Gratefully,



Check out the back page to see how we are partnering to help low-income seniors cook with healthy produce.

SEPTEMBER IS HUNGER ACTION MONTH

Go **Orange** and tell people, Hunger is here!

200,000 Westchester residents, including 60,000 children are hungry and need our help. And, we need your help to spread the word - **Go Orange** with us and tell people, Hunger is here!

This September, **Go Orange** by joining our Miles for Meals 5K Walk & Run, eating out at participating **Eating for Orange** restaurants, or starting your own **Go Orange** fundraiser. For more information about how you can get creative and **Go Orange**, contact Nicoal Crawford NCrawford@FeedingWestchester.org



YOU HELPED US:



Distribute **8.5** million meals



Recover **4.7** million pounds of food



Share **65,161** Kids BackPacks



Host **539** Mobile Food Pantry and Fresh Market distributions across the county



Teach **152** nutrition and food safety classes

(From July 2018-June 2019)

TOGETHER WE ARE FEEDING WESTCHESTER



2019 Golden Scoop Teams: Ares Management, Bunge, Chubb, Danone North America, JP Morgan Chase (2 teams), ITT Inc., M&T Bank, Mastercard (3 teams), Morgan Stanley, New York Presbyterian, PFK O'Connor Davies, Stop & Shop, Swiss Re, Robison Oil, and Webster Bank.

Thank You Golden Scoop Teams!

Feeding Westchester hosted its 11th Annual Golden Scoop competition on May 17. Nineteen corporate teams competed to see who could pack the most potatoes for our hungry neighbors. Stop & Shop won, packing 1,800 pounds of potatoes. 34,200 pounds of potatoes were packed in total by all teams!

A shout-out to Stop & Shop who not only packed the most potatoes but also raised \$7,183!

Thank you to all our teams for packing potatoes and raising \$113,000 to help feed hungry families across Westchester.

Thank you JP Morgan employees!

Thank you JP Morgan Chase employees for volunteering and packing 1,800 breakfast bags filled with cereal, milk, and healthy snacks for hungry children in our community. These breakfast bags are distributed through our Backpack Program to help feed kids on weekends and school breaks when no other food is available. Thank you for standing shoulder to shoulder with us in the fight against hunger! Together we are Feeding Westchester!



Thank you City Limits and the Livanos Family!

Thank you to our friends and community partner, City Limits of White Plains who celebrated their 25th anniversary with a special fundraiser benefiting Feeding Westchester and Family Services of Westchester. Their fundraising efforts helped raise \$7,500 to help feed families, children, and seniors. Congratulations to the Livanos Family for celebrating 25 years in the community!



MORE FRESH PRODUCE!

Spotlight: New Rochelle

Thanks to the support of our donors we are making more fresh produce available to those who need it. More than 10,000 pounds of gorgeous fresh produce will be available to hungry New Rochelle residents each month. More than 400 residents attended the first distribution at Shiloh Baptist Church - conveniently located in a residential area.



FOOD SUPPORT FOR HUNGRY COLLEGE STUDENTS

Thanks to the support of the MAV Foundation, Mercy College joined the fight against hunger by opening an on-campus food pantry. College students, who are hungry, often miss meals and rely on the only food they can afford - cheap choices high in calories, but low in nutrients. Look out for more to come on how we are working to serve college students across the county.



NUTRITION EDUCATION FOR PEEKSKILL SENIORS

With the help of our partners, Feeding Westchester launched "Cooking for Health," a community cooking collaborative for seniors. The program began on April 24, and is held at NewYork-Presbyterian Hudson Valley Hospital's Chef Peter X. Kelly Teaching Kitchen.

"Cooking for Health" focuses on how seniors can support their health through good nutrition and hands-on cooking. Participants, all members of the City of Peekskill Senior Nutrition Program, a nutritionally at-risk population, will learn how to maximize a limited food budget.

Thanks to the support of our donors, Feeding Westchester is able to make food available, for free, to the cooking class program and the low-income seniors who attend it.

SAVE THE DATES 2019

MILES FOR MEALS 5K WALK & RUN:
Sunday, September 22, 2019
www.feedingwestchester.org/M4M2019

AN EVENING IN GOOD TASTE: Thursday, October 24, 2019

HOLIDAY HOP PACK-A-THON: Thursday, November 7, 2019



Feeding Westchester's mission is to end hunger in Westchester County. As the heart of a network of more than 300 partners, we source and distribute food, and other resources, to towns across Westchester helping to ensure that none of our neighbors are hungry. We help feed Westchester.

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914.923.1100
FeedingWestchester.org

Donate online at
FeedingWestchester.org/donate

For other ways to get involved:
FeedingWestchester.org/take-action