

YOUR SUPPORT HELPED PEOPLE MAKE ENDS MEET



44,000 seniors in Westchester County are hungry, and Marlene is one of them. She often worries about the costs of food, medicine, and heat during the winter months on her tight budget. To make it even more challenging, Marlene is a single mom who cares for her 34-year-old son with Down Syndrome. Because it's difficult to work and care for a son with special needs, Marlene has found more than a source of nutritious food at her local soup kitchen, she's found a sense of hope. Marlene is thankful her local soup kitchen provides warm and delicious meals filled with protein and necessary nutrients for a healthy life. "Coming to the soup kitchen for a warm meal makes me happy" says Marlene.

*Meet Marlene,
a Port Chester
resident at one of
Feeding Westchester's
300 program partners,
Caritas.*

Thank you for feeding people in Westchester.

Because of you, we helped federal workers impacted by the government shutdown. We fed families like Marlene's, who get by on very little, and we met the needs of low-income seniors who struggle to eat on a fixed income.



Thanks to your support, we provide nutritious food across Westchester County - like the ingredients for a hot meal at a partner soup kitchen, bags of produce delivered to senior centers, and so much more.

We rely on your support, the support of numerous local companies, and the help of dedicated volunteers - like the Yonkers Figure Skating Club who raised money to help us feed the hungry.

Thank you for feeding your neighbors.

OVER 44,000 SENIORS IN WESTCHESTER COUNTY ARE HUNGRY AND NEED OUR HELP

Many seniors face tough financial decisions everyday and often are forced to make trade-offs between paying for health care, utilities or housing. Challenges such as lack of mobility and chronic health conditions further limit seniors' access to healthy food. With your help, we delivered over 31,000 bags of fresh produce to seniors at centers where they live and gather.



YOU HELPED US:



Distribute **7.2** million meals



Recover **2.3** million pounds of food



Share **43,775** Kids BackPacks



Host **332** Mobile Food Pantry and Fresh Market distributions across the county



Teach **129** nutrition and food safety classes

(since July 2018)

TOGETHER WE ARE FEEDING WESTCHESTER

Thank you to the over 300 Westchester residents, Corporate partners and generous donors, who helped us raise over \$400,000 to feed hungry Westchester seniors, children and hardworking families. This year's generous sponsors and contributors include: PRESENTING SPONSOR



Barrie House Coffee Roasters
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Greg & Kathiryn Werlinich
The Westchester Bank

See the event photos at FeedingWestchester.org/Gala2019

COMMUNITY PARTNER SPOTLIGHT

We kicked off national volunteer month by honoring our community partners who volunteer their time and talent to fundraise on behalf of Feeding Westchester. The Yonkers Figure Skating Club chose to skate in honor of Feeding Westchester at their charity exhibition. The YFSC skaters chose Feeding Westchester because they want to help families in their community who are in need of food. They wholeheartedly believe that no one should ever go hungry especially children. Thank you YFSC for your support and helping provide 8,532 meals for our hungry neighbors.



APRIL IS NATIONAL VOLUNTEER MONTH



Contact Feeding Westchester to plan a food packing project for your family, friends, or coworkers. Enjoy a team building atmosphere and rewarding experience. Shifts available weekdays 9-3:30pm, dates filling up quickly!

Contact Jandery De La Cruz:
Jdelacruz@FeedingWestchester.org or 914-418-5211.

RAPID RESPONSE

Earlier this year, Feeding Westchester saw firsthand the adverse consequences of the longest government shutdown in U.S history. We helped feed federal employees, federal contractors, and 66,000 SNAP recipients in Westchester County. When family budgets were suddenly stretched thin and the need for emergency food increased, Feeding Westchester was there to fill the gap. Many families had no other choice but to turn to our network of partners when their SNAP food assistance ran out.

*SNAP
(Supplemental
Nutrition
Assistance
Program)
formerly known
as Food Stamps*

With your support, Feeding Westchester hosted a pop-up mobile food pantry at the Westchester County Center in White Plains and delivered emergency food boxes to Westchester County Airport for furloughed federal workers and anyone in the community who needed it. Karian Fletcher, from Yonkers, was thankful for the pop-up mobile food pantry after her husband went weeks without pay as a furloughed airport worker. "It's been very rough for us, but I'm thankful to Feeding Westchester for providing healthy food to help fill in the gap," says Fletcher.



Families of federal workers at a special February distribution in White Plains.

BAGS OF PRODUCE FOR PRE-DIABETIC PATIENTS



Thanks to the support of generous donors we are helping to improve the lives of pre-diabetic patients. Through our work with a local federally-qualified health care clinic, we are providing bags of fresh produce to 100 pre-diabetic patients. Patients are screened for food insecurity and diabetes, and if they qualify, they receive bagged fresh produce twice a month. Free produce is critical to patients following their doctor-recommended diets. Without it they simply cannot afford to eat healthy. Look out for more news to come as we expand this work!



Feeding Westchester's mission is to end hunger in Westchester County. As the heart of a network of more than 300 partners, we source and distribute food, and other resources, to towns across Westchester helping to ensure that none of our neighbors are hungry. We help feed Westchester.

200 Clearbrook Road
Elmsford NY 10523
914.923.1100
FeedingWestchester.org

Donate online at
FeedingWestchester.org/donate

For other ways to get involved:
FeedingWestchester.org/take-action

SAVE THE DATES 2019

GOLDEN SCOOP COMPETITION: Friday, May 17th, 2019.

HUNGER HEROES CELEBRATION BREAKFAST:
Thursday, June 6th, 2019.

FOOD TRUCK FESTIVAL: Friday, June 7, 2019

