

# HUNGER ACTION MONTH SEPTEMBER 2018

## SATURDAY

**1** Start Hunger Action Month by making a donation. Every dollar provides 4 meals.



**8** Join us for a screening on "Wasted!"

The Story of Food Waste"



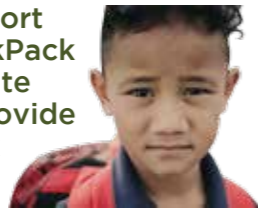
## SUNDAY

**2** Check out the toolkit or website for a list of events "Going Orange" and attend in your best orange attire!



## MONDAY

**3** Support Backpack Donate \$50 and provide a Backpack of healthy food to a child for an entire month



## TUESDAY

**4** Go Orange by donating orange canned items this month: carrots, peaches, sweet potatoes and more!



## WEDNESDAY

**5** International day of charity

Sign up to volunteer and help sort or distribute food for those in need



## THURSDAY

**6** Sign up today for our Miles for Meals 5K Walk & Run on 9/23 [feedingwestchester.org/events](http://feedingwestchester.org/events)



## FRIDAY

**7** Dine Out for Eating for Orange

Visit participating restaurants! For a full list, visit the website.



**9** Social Media Sunday - Follow us and like us on Facebook @FeedingWestchester



**10** Rosh Hashanah In honor of the New Year, donate non perishable food to our families in need of food assistance.

**11** National Day of Service Contact Feeding Westchester to schedule a volunteer day at our distribution center in honor of National Service Day.

**12** Hold a Food Drive Collect food donations to help feed our seniors in need. Challenge others to do the same.



**13** Hunger Action Day Wear Orange to show support for hunger relief efforts. Post pics using #feedingwestchester



**14** Fall Flicks - Join us at the Cross County Mall for Fall Flicks!



**15** Visit the Hip-Kid Lemonade stand in Chappaqua 11am-12pm



**16** Join Feeding Westchester at ARTSWestchester JazzFest and get your own artisan "Empty Bowl"



**17** Celebrate your birthday! Ask friends and family to make a donation to Feeding Westchester on your behalf



**18** See whether your employer will match donations to Feeding Westchester

**19** Yom Kippur In honor of the holiday, fast for 24hrs and donate the cost of your meals to Feeding Westchester.

**20** Share an orange coloring page with us using #feedingwestchester to be featured at the end of the month!



**21** Time to carb up for the 5K! Eat a pasta dish at one of our supporting restaurants



**22** Support your local farmer's markets and visit the Farmer's Market Table in Pleasantville



**23** Fight Hunger one mile, one meal at a time! Join us for our 5K Walk & Run at Pace University!



**24** Dine out Enjoy a meal at California Pizza Kitchen in Scarsdale to help raise funds!



**25** Follow us on Instagram to find out more ways to Go Orange!



**26** Brown bag it! Pack your own lunch and donate the amount you would have spent on your meal!



**27** Feed Others Donate to our Hunger Action Month campaign. Every dollar provides 4 meals.



**28** Cook an orange meal with your family and friends and share it with #feedingwestchester



**29** Leave a Legacy Leave a gift of hope for our neighbors in need by including Feeding Westchester in your will.



**30** Purchase tickets to our fall benefit, An Evening in Good Taste



# TAKE ACTION →

TOGETHER WE CAN SOLVE HUNGER. 30 WAYS IN 30 DAYS TO GET INVOLVED.

For more information on all these events, visit: [feedingwestchester.org/HAM2018](http://feedingwestchester.org/HAM2018)

